

Care of Your Child After A Sedation Appointment

1. Your child will be drowsy after the appointment. Please keep your child awake for 1-2 hours. After this amount of time has passed you can allow your child to nap.
2. Do not allow your child to bite, scratch, or suck his/her lips, tongue or cheek after the appointment.
3. Since your child was not able to eat or drink prior to the appointment it is important that he/she gets plenty of liquids after the appointment to prevent dehydration.
4. Your child can eat solid food **AFTER** his/her numbness wears off (approximately 1-2 hours). Your child's first meal should be **bland, soft, and not too hot**.
5. Because balance is the last function to return to normal, your child will be unstable for several hours. **BE CAREFUL** and observe your child's activities for the rest of the day.
6. Your child **SHOULD NOT** go to school until the day **AFTER** a sedation appointment. A school or return to work excuse can be provided upon request.

Please call (304) 344-0788 or (888) 348-5556 after-hours if you have any questions or concerns.