

Instructions Before a Sedation Appointment

1. Arrive **on time** at the office for your scheduled appointment so that we may administer the pre-medication.
2. Your appointment will be scheduled in the morning. Your child should have **nothing to eat or drink after midnight**. We will have to reschedule their appointment if they eat any solid foods or drink any liquids.
3. If your child has a fever or is very congested within 2 weeks prior to the appointment, please call to reschedule his/her appointment.
4. Dress your child in loose fitting clothing such as a short sleeve t-shirt and sweatpants. If your child is not toilet trained, please put a diaper/pull-up on him/her prior to the appointment. Please remove nail polish off of finger and toenails.
5. Your child will need your undivided attention while the medication is taking effect and after treatment is completed. Please do not bring any other children to this appointment. If you do, it will be necessary for us to reschedule the appointment.
6. Do not allow your child to bite, scratch, or suck his/her lips, tongue or cheek after the appointment.
7. Since your child was not able to eat or drink prior to the appointment it is important that he/she gets plenty of liquids after the appointment to prevent dehydration.
8. Your child can eat solid food **AFTER** his/her numbness wears off (approximately 1-2 hours). Your child's first meal should be **bland, soft, and not too hot**.
9. Because balance is the last function to return to normal, your child will be unstable for several hours. **BE CAREFUL** and observe your child's activities for the rest of the day.
10. Your child **SHOULD NOT** go to school until the day **AFTER** a sedation appointment.
11. Please note: the sedation fee is nonrefundable if you are late for your child's appointment or if your child has had any food or drink prior to the appointment.

Please call (304) 344-0788 or (888) 348-5556 after-hours if you have any questions or concerns.